

The Ten Tips Workshop Series is back and as informative as ever! The series consists of 10 workshops appropriate for parents, teachers, or other individuals who work with young children and focus on practical strategies that can be easily implemented into daily classroom and/or home routines. All workshops offer suggestions that are appropriate for all children. A special emphasis is placed on children with **special needs** and those with an **Autism** diagnosis.

Class Times: 6:00 pm - 7:30 pm

10 Tips to Start the School Year off Right**	9/18/18
10 Tips for Promoting Play for Improved Attention and Participation in Classroom Routines Part 1**	10/16/18
10 Tips for Promoting Play for Improved Attention and Participation in Classroom Routines Part 2**	11/13/18
10 Tips for Gift Giving and Selecting the Best Toy Possible	12/11/18
10 Tips for Improving Balance, Strength and Posture	1/15/19
10 Tips for Improving Executive Functioning Skills	2/19/19
10 Tips to Understanding How to Implement Mindfulness in Your Classroom	3/19/19
10 Easy to Make Sensory Activities	4/16/19
10 Tips for Improving Fine Motor Skills	5/21/19
10 Tips for Creating Fun Summer Activities (Indoor and Outdoor)	6/11/19

Workshops are provided for a fee of \$15.00 per class. Register for all 10 classes and pay in advance for the discounted rate of \$120.00 (A savings of \$30.00). Payment is collected at the start of each class. Registration and payment deadlines for the discounted full-series rate is at the start of the first class. Continuing education credits may be available. Please inquire when registering.

Registration: Email your name and list of courses you would like to attend (include dates) to Kellianne Martin at Kmartin@trinitas.org. You may also register by phone 973-218-6394 x 1000.

<sup>\*\*</sup> A voluntary research project is being conducted my Christine German, OTD, OTR of Misericordia University during the first 3 Workshops. This research study is designed to assess the effectiveness of community education programs using a telehealth approach. Participation is completely voluntary and participation in the study will not affect your ability to attend the workshops. For more information, please contact Christine German, OTD, OTR at <a href="mailto:cgerman@misericordia.edu">cgerman@misericordia.edu</a> or (570) 674-8151.